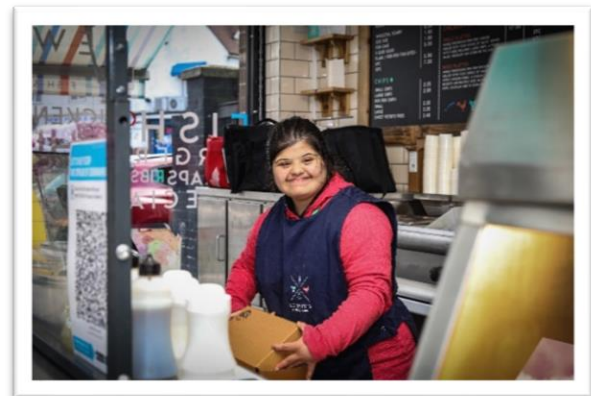




A Specialist Post 19 Provision



for learners aged 18-25 with SEND

"I noticed that the Grow19 program provides a bridge to independence, autonomy, and self-identify that allows young people to be themselves while finding their place in our community. Seeing them take part in the larger community with Grow19 was inspiring." Emily Rubin, Co-Author, SCERTS Model

Grow 19 – A Specialist FE Provision

Aims:

To deliver vocational and living skills based programmes for Post 19 learners with learning disabilities, Autism and SEND, in order to prepare them for future employment, independence and community involvement. The mix of functional skills with vocational learning, employability and community projects will enable learners to develop their confidence, skills and belief that they can enter the workforce, make informed choices and actively participate in their communities. Personal, social development will also form part of the programme together with mentoring and coaching, travel awareness and weekly work experience. Learning will be personalised to meet individual need and interest so that learners are motivated to achieve positive outcomes.



Curriculum

The core values of Responsibility, Empowerment, Community, Independence, Personalised Learning and Experience are embedded within the curriculum and day to day routines and practices within the College.

Learners study the subjects listed on page 3 and follow one of three pathways, which all include qualifications awarded by City and Guilds. (specific subject details are listed in Appendix 1)

Learning will be practical in all pathways and learners record their progress in portfolios to support them in future destinations on completion of the course. A range of therapies will be offered to support learner need in line with their EHCP provision. Interventions will vary depending on each individual learner and will be detailed in their timetable and provision plans. Learners will attend the college for up to four days a

week and will be encouraged to use local sports and community facilities on their free day to maintain or develop their fitness and lead a healthy lifestyle.

Pathway 1 is aimed at learners working at EL2 and above. The focus will be on developing readiness to work. Vocational qualifications and specific training workshops will enable learners to gain the work related qualifications to support their study and entry into the workplace. Learners will be able to experience the industry (horticulture, catering and hospitality or construction and maintenance) that they would like to work in, but still be able to try other areas if they are undecided.

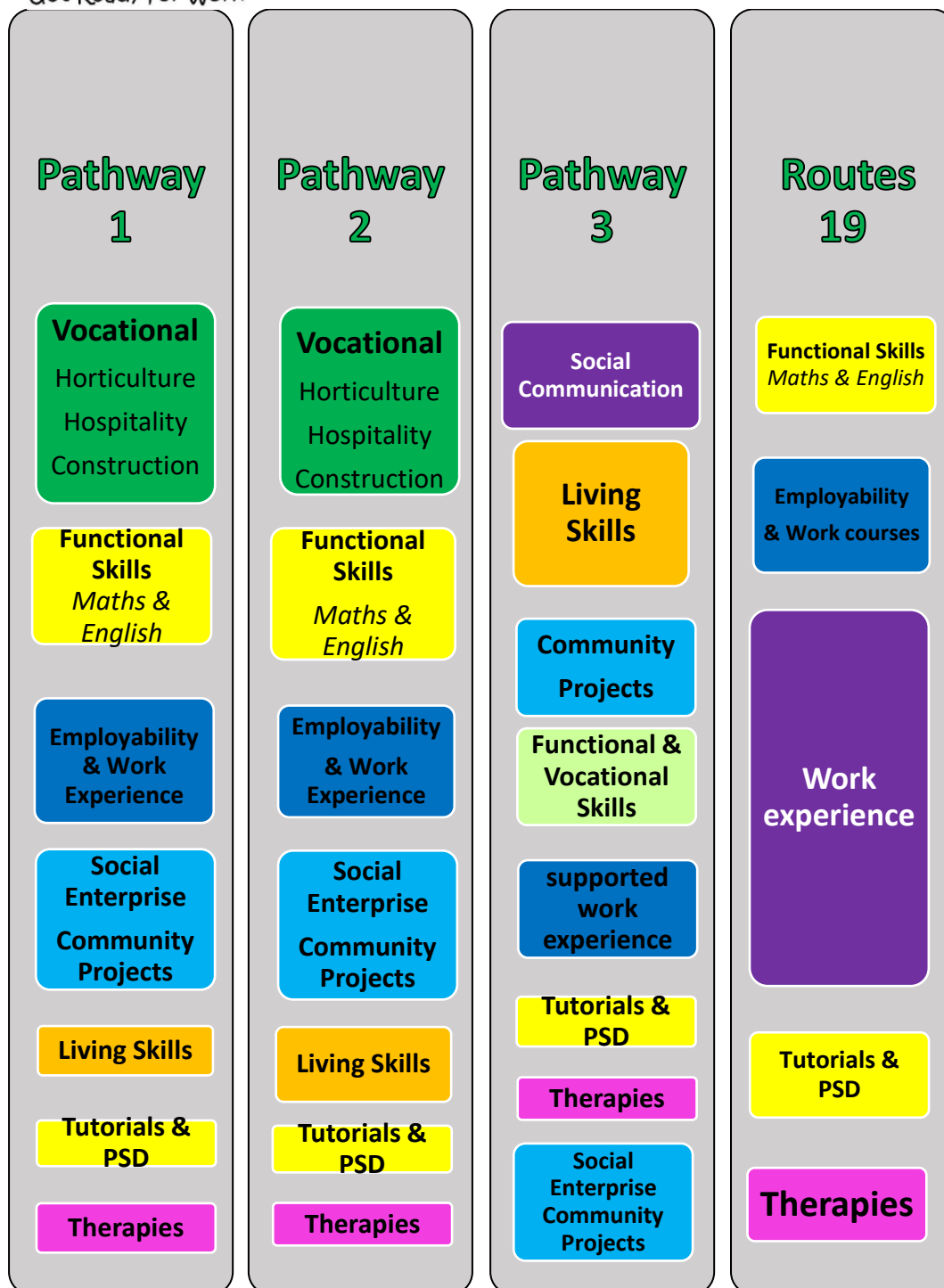
Pathway 2 is for learners working at Entry Level 1 and above who require more structure and support with tasks. The focus will be on developing independent living and learning skills. Vocational qualifications and specific training will enable learners to gain the living, communication and travel awareness skills to support them into supported living and employment. Learners will be able to participate and learn skills for working life within horticulture, hospitality and general construction.

Pathway 3 is for learners working at Pre or Entry Level who are learning key skills and preparing for transition to supported living and community engagement. The focus will be on developing social communication skills, life skills and maintaining and developing personal health and wellbeing. Learners will actively learn and participate in community projects, whilst developing the confidence and skills to make their own decisions and plan their next steps. Learners will be able to participate and learn skills for working life across a range of subjects.

Route 19 pathway works with learners who are ready to gain employment with the targeted support of a job coach. Learners will be expected to travel train to their work placements and work the same hours as those working within the business currently. Learners will continue to gain functional skills qualification to support their entry into the workplace. The pathway will involve 2 days at college and 3 days at a work or work placements.







Therapy will be delivered in line with each learners' individual Education Health Care Plan and provision plan. This may include programmes from the following: SALT & Communication, Counselling, Fine or Gross Motor Skills, Physiotherapy & Exercise, Sensory Integration or Mindfulness.



Location

Grow 19 is based at The East Malling Centre, Chapman Way, East Malling, Kent ME19 6SD. The building was a former primary school and is now a Community centre with a range of services split across the site with different entrances. The area **Grow 19** has, includes a reception, 2 classrooms, hall, kitchen area, accessible toilets, courtyard, café, allotment, woodland trail and extensive outside space. The centre is close to amenities and on the 72 bus route and a walkable distance from the 71. Please feel free to contact us for a tour or visit our website and social media sites. **@19grow**



Grow 19

The East Malling Centre

Chapman Way

East Malling

Kent ME19 6SD

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Visit grow19.com



In January 2023, **Grow 19** expanded to incorporate its values and ethos into the local town of Maidstone and has 3 rooms based in Maidstone Community Centre, 39-48 Marsham Street, Maidstone, ME14 1HH. This is a shared building with the local community and charity partners. The area that Grow 19 has includes 3 classrooms, kitchen area, café, accessible toilet and access to the local community. Links have already been created to work with partners in the building to complete and support with work experience opportunities. The centre is less than a 5-minute walk from the main Maidstone bus station and walkable to all the amenities within the town.

Appendix 1



Pathway 1



Programme Subject or Activity	What does it entail?	How will it help me in the future?
Functional Skills	English and Maths – learners can work towards a recognised Functional Skills qualification from Entry Level 1 to Level 2.	It demonstrates that you can acquire a level of basic literacy and numeracy skills in order to understand instructions, communicate effectively and apply for jobs or future courses.
Vocational	<p>Learners can choose a vocational option or if undecided experience each area in Year 1 to help them make an informed choice for progression. All options will consist of theory and practical sessions to enable learners to use and apply their learning. Online industry based training is also included.</p> <p>Practical Horticulture Skills – learners can work towards a Level 1 Award, Certificate or Diploma, developing knowledge and skills in the area of horticulture and landscaping. This will involve theory about plants, soil and the environment and work based tasks outside.</p> <p>Hospitality & Catering– learners can work towards an E3 or Level 1 in An introduction to the Hospitality Industry. This will involve Food Safety and hygiene, food and drink preparation, customer service, dealing with payments and cleaning.</p> <p>Construction – learners can work towards a Level 1 in general construction skills. This will include working with wood, brick, paint, tiles, plaster and basic maintenance. It will involve community based project work, shadowing and learning from professionals within the trade.</p>	<p>Provides opportunities for practical experience of industry expectations, standards and tasks.</p> <p>Develops a portfolio of skills and achievement.</p> <p>Develops specific skills and subject knowledge.</p> <p>Demonstrate that you are able to work safely and as a team.</p> <p>Achieve recognised qualifications.</p>

Living Skills	<p>Cooking – learners are able to prepare their own food using the kitchen.</p> <p>Travel Awareness training will be delivered when travelling to different sites and work experience. This will involve working out routes and travelling as a pedestrian and on public transport.</p> <p>Budgeting – this will be part of the enterprise projects, vocational training and tutorials.</p>	<p>Develops organisational skills and knowledge of a healthy lifestyle.</p> <p>Develops confidence travelling in the community and knowing what to do if there is a problem.</p> <p>Manage my own money.</p> <p>Become more independent.</p>
Work Experience	<p>One day a week will be spent undertaking work experience. Learners will be matched to placements that meet their interests and needs. Job coaches and mentors will support learners in meeting expectations and recording achievement.</p> <p>Half a day a week will be spent developing work and business skills as part of a project or social enterprise. This will be linked to the vocational options.</p>	<p>Regular work experience will add value to a CV and help develop your understanding of what work is like and how it is different to school or college.</p> <p>This will help develop budgeting, marketing and general business and administration skills.</p>
Personal Social Development	<p>Daily tutorials will support learners in developing their understanding of different relationships. This time will also be spent looking at individual goals and targets and supporting learners to review their progress and identify next steps in their studies, career or personal life.</p>	<p>Be able to plan ahead, reflect on personal performance and next steps.</p> <p>Develops problem solving and thinking skills.</p> <p>Someone to talk things through with.</p>
Employability	<p>ICT – using Email, developing computer skills, and producing picture portfolios</p> <p>Career workshops eg. obtaining CSCS cards, Health and Hygiene, Health and Safety, First Aid, CV writing, interview practice</p>	<p>Applying for jobs or future courses finding out information – web searches / email enquiries</p> <p>Short courses or training required by future employers or industries. This gives you an insight into the Industry and can be added to your CV.</p>



Pathway 2



Programme Subject or Activity	What does it entail?	How will it help me in the future?
Functional Skills	English and Maths – learners can work towards a recognised Functional Skills qualification from Entry Level 1 to Entry Level 2.	It demonstrates that you can acquire a level of basic literacy and numeracy skills in order to understand instructions and communicate effectively.
Vocational	<p>Learners will develop their work related learning within landbased studies, catering and construction, working towards an EL2 or EL3 in Skills for Working Life. It will consist of theory and practical sessions to enable learners to use and apply their learning.</p> <p>Horticulture, conservation, recycling and using tools will be included together with developing knowledge and understanding about health and safety.</p> <p>Catering will include simple food and drink preparation, preparing the environment, working as a team and cleaning.</p>	<p>Develop a portfolio of skills and achievement.</p> <p>Practise specific skills and become more independent.</p> <p>Demonstrate that you are able to follow instructions, work safely and as a team.</p> <p>Achieve a recognised qualification and help decide on your next steps after college.</p>
Living Skills	<p>Cooking – learners are able to prepare their own snack, lunch or packed lunch using the kitchen. Using and cleaning equipment. Shopping for ingredients. Developing a recipe book.</p> <p>Travel Awareness training will be delivered as a discrete session. This will involve working out familiar routes and travelling as a pedestrian and on public transport. It will also focus on problem solving and knowing who can help.</p> <p>Using Money – this will be part of the shopping, vocational training and tutorials. Developing an understanding of basic values and costs.</p>	<p>Develop organisational skills and knowledge of healthy lifestyles.</p> <p>Develop confidence travelling in the community and knowing what to do if there is a problem.</p> <p>Knowing how to earn, save and use money. Knowing who can help manage my money.</p>

	<p>Other learning will include laundry, housekeeping, personal care routines, health services and community facilities.</p> <p>Time will be also be spent working in a team as part of social enterprises to develop basic skills. This will be supported by staff.</p>	<p>Become more independent in daily living tasks. Be familiar with my community, what goes on and who can help me.</p>
Work Experience	<p>One day a week will be spent undertaking work experience. Learners will be matched to placements that meet their interest sand needs. Job coaches, mentors and if required staff will support learners in meeting expectations and recording achievement. Over the two year programme, students may undertake a range of placements to help them develop their knowledge of different jobs.</p>	<p>Regular work experince will add value to a CV or Personal portfolio and help develop your understanding of what work is like and how it is different to school or college.</p> <p>This will help develop teamwork and communication skills across a range of environments.</p>
Personal Social Development	<p>Daily tutorials will support learners in developing their understanding of different relationships. This time will also be spent looking at individual goals and targets and supporting learners to review their progress and identify next steps in their studies, career or personal life.</p>	<p>Reflect on personal achievement and plan my next steps.</p> <p>Develop problem solving and thinking skills.</p> <p>Someone to talk things through with.</p>
Employability	<p>Developing basic ICT skills across a range of platforms to support communication and online safety.</p> <p>Career workshops eg. Health and Hygiene, Health and Safety, First Aid, Manual Handling.</p>	<p>Applying for jobs or future courses finding out information – web searches / email enquiries</p> <p>Short courses to demonstrate learning in key work areas.</p>

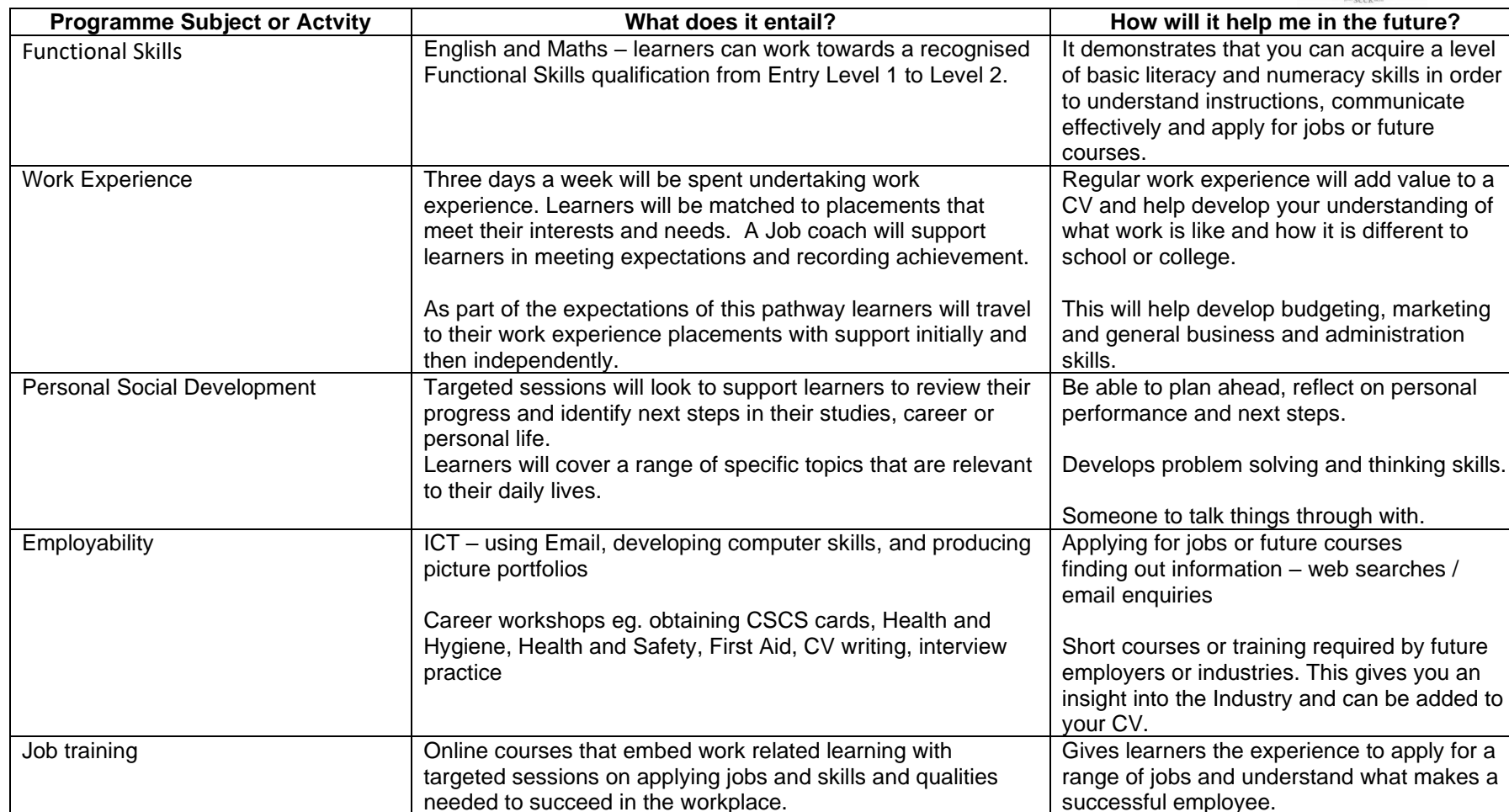


Pathway 3



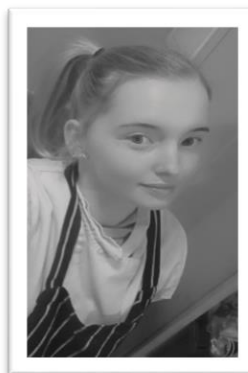
Programme Subject or Activity	What does it entail?	How will it help me in the future?
Social Communication & Community Projects	<p>Social thinking and communication will be embedded into each curriculum subject and community project. It will include speaking and listening activities, understanding the environment and social clues, making choices, receptive and expressive language and understanding how to use coping strategies and available support tools, resources and people.</p> <p>It will involve volunteering, learning, working and mixing with others in the community.</p>	<p>It will help me understand my environment, situations and the people around me.</p> <p>It will help me learn how to get support and help in making choices and expressing my view.</p> <p>It will help me know what is going on in the community</p>
Functional & Vocational Skills	<p>Functional skills will be built into vocational learning and living skills, so that learners can use and apply key skills within practical settings.</p> <p>Learners will develop their work related learning within a range of units from the following themes; horticulture, catering and hospitality, specific work tasks, travel awareness, personal organisation and development. This will contribute to either a EL2 or EL3 qualification in Skills for Working Life. It will consist of theory and practical sessions to enable learners to use and apply their learning and be based on their specific interests.</p>	<p>It demonstrates that you can use basic literacy and numeracy skills in daily living and work related tasks.</p> <p>Develop a portfolio of skills and achievement in areas of interest. Achieve a recognised qualification</p> <p>Practise specific skills and become more independent.</p> <p>Demonstrate that you are able to follow instructions, work safely and as a team.</p>
Living Skills	<p>Cooking – learners are able to prepare their own snack, lunch or packed lunch using the kitchen. Using and cleaning equipment. Shopping for ingredients.</p> <p>Travel Awareness training will be delivered as a discrete session. This will involve working out familiar routes and</p>	<p>Develop organisational skills and knowledge of healthy lifestyle.</p> <p>Develop confidence travelling in the community and knowing what to do if there is a problem.</p>

	<p>travelling as a pedestrian and/or on public transport. It will also focus on problem solving and knowing who can help.</p> <p>Using Money – this will be part of the shopping, vocational training and tutorials. Developing an understanding of basic values and costs.</p> <p>Other learning will include laundry, housekeeping, personal care routines, health services and community facilities.</p> <p>Time will be also be spent working in a team as part of social enterprises to develop basic skills. This will be supported by staff.</p>	<p>Knowing how to manage money and who can help.</p> <p>Become more independent in daily living tasks. Be familiar with my community, what goes on and who can help me.</p>
Supported Work Experience	<p>One day a week will be spent undertaking supported work experience including travelling and preparation. Learners will be matched to placements that meet their interests and needs. Staff or/and Job mentors will support learners in meeting expectations and recording achievement.</p> <p>Most roles will involve teamwork and communication.</p>	<p>Regular supported work experience will help develop your understanding of what supported work or volunteering is like and the types of places that offer it. It will help you consider your options and be involved in developing your personal action plan in advance of you leaving college.</p>
Personal Social Development	<p>Daily tutorials will support learners in developing their understanding of different relationships. This time will also be spent looking at individual goals and targets and supporting learners to review their progress and identify next steps in their studies, career or personal life.</p>	<p>Reflect on personal achievement and plan my next steps.</p> <p>Develop problem solving and thinking skills.</p> <p>Someone to talk things through with.</p>



Where our learners are now.....

"I started Grow 19 in September 6th 2021. I started doing a hospitality course at Level 1. At Grow 19 they helped me overcome my anxiety and helped me become more confident. They taught me to bake and cook many different things. If it wasn't for Grow 19 I wouldn't be where I am today working full time in a kitchen at Toby Carvery being a waitress. Grow 19 taught me how to work in a real-life workplace and treated me like an adult. Grow 19 made me feel safe and happy in my life. In my new job I have made so many memories and new friends. I couldn't be as happy as I am now, and I now earn a living." **Chantelle**



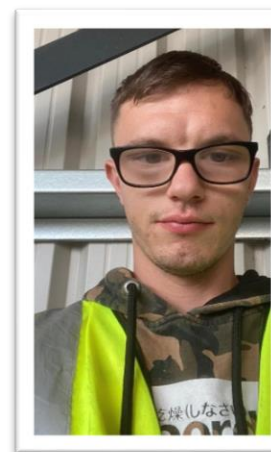
"Grow19 has helped me so much to get a job. They helped me by having a lot of work shops and doing work experience to get experience in the workplace. I am so happy I got a job, I have always wanted one and now I can support my family with my wages. I can't wait to use the skills I learnt at Grow 19 in the kitchen" **Jess**



"Grow 19 has helped me build my skills to get a job at Premier Inn. I love getting paid and spending my money on what I want" **George**



"Grow 19 helped me to get a job from my work experience placement Maidstone Brough Council. They taught me to have a good work ethic and gave me more confidence. I learnt to use lots of equipment during my construction and horticulture sessions. Tutors supported me with applications and paperwork to apply for the job. I'm pleased and proud of myself and receive lots of compliments from the public and community while I'm doing my barrow round. I'm now able to help support my family and buy the items I like." **Luke**



"Grow 19 helped me with interview skills and prepare my CV. I learnt lots of new skills in horticulture and construction. All that I learnt help me get a job at Lenham storage for 3 days and 1 day volunteering at food share in Ashford." **Ryan**